Mantis Sports LLC RELEASE AND INDEMNITY

I understand, acknowledge and agree that:

- Grappling arts such as wrestling and jiu-jitsu are strenuous martial arts involving physical contact and the practice of technique designed to subdue and control an opponent.
- I understand that it is advisable that I have a medical examination by a qualified physician before participating in Grappling and any other physical activity. I represent and warrant that I am fit to participate in strenuous physical activities such as Wrestling and Jiu-Jitsu and have no physical disabilities affecting or limiting my ability to do so.
- No representations or warranties upon which I have relied have been made to me by any agent, instructor or representative of or anyone associated [company], George Anthony Barreiro or Jon Trinidad (collectively, the "Company") regarding the safety of the practice of Grappling.
- I recognize, accept and assume all risk of injury associated with practicing, participating in, traveling to or returning from any practice, class, seminar, lesson, competition or athletic event held by, associated with, or sponsored by the Company,
- 5. On behalf of myself, my successors, assigns, heirs, personal representatives and all persons claiming by, though or under me, I hereby fully and forever release, waive, relinquish and discharge the Company and its instructors, subsidiaries, affiliates and all past and present employees, officers, directors, shareholders, claims, losses, liabilities or demands of any nature whatsoever in law or in equity, for injury or death to me regardless of whether arising out of or resulting from any instruction, practice, class, seminar, lesson, competition or event of the Company, including, without limitation, traveling to, participating in or returning from any such event.
- 6. I shall hold harmless, defend and indemnity the Company Parties from and against any and all claims, losses, liabilities or demands (including, without limitation, attorney's fees) regardless of whether arising during or after my membership or participating in the Company, when directly or indirectly arising out of or resulting from my acts or omissions in connection with the practice, instruction of use of or participation in the art of Grappling or the activities of the Company.
- I understand and agree that my participation in any classes, lessons, competitions, or events held or sponsored by the Company is expressly conditioned upon my agreement to the foregoing terms and conditions.
- 8. I understand and agree that this Release and Indemnity, among other things, releases the Company from responsibility for my injuries or death and makes me responsible for injuries to or death of others caused by me.
- I understand that by providing my credit card Number for payment of membership that
- I am allowing my monthly membership dues to be withdrawn automatically each month.
- 11. I understand and agree with Mantis Sports LLC freeze and 30-day cancellation policy. The 30 day cancellation policy states you MUST give us a 30 day notice prior to you canceling your membership.

If for a Minor:

Minor's Name:	By (signature):
Minor's DOB:/	Name(print):Date:
The undersigned represents and warrants that he/she is the guardian of the above-named minor and is signing this release and indemnity in such capacity.	Phone Number:
	Address:
	Email:
By (signature):	DOB://